



When you're ready!

When you're ready to talk about your alcohol and other drug use, or you're concerned about someone else, CADS is here to help.

call 0800 845 1818
www.cads.org.nz

Te Whatu Ora
Health New Zealand

CADS Auckland Opioid Treatment Service (AOTS)

Through medication and support people can reduce harm and achieve stability in their lives

CADS Auckland Opioid Treatment Service (AOTS) provides support and medications (methadone or suboxone®) to people dependent on opioids.

Ongoing individualised treatment or short term reduction plans are available depending on your needs.

Opioid substitution treatment (OST) is well documented as a very effective treatment which offers stability and gives people time to change their lifestyle and begin their recovery.

Open Monday – Friday 9.00am – 5.00pm

- CADS North (Takapuna)
- CADS West (Henderson)
- CADS South (Manukau)
- Pitman House (Pt Chevalier)

All can be accessed by phoning 0800 845 1818
Monday – Friday 8.30am – 5pm

If you have questions about opioid treatment phone 815-5841 and ask to speak with the AOTS nurse or send a message via the website www.cads.org.nz

This is a free service.