

# CADS Medical Detox Services

Supporting people at home, in the  
community or in an inpatient unit

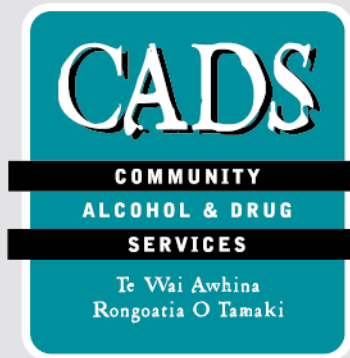


When you're ready!  
call 845 1818  
[www.cads.org.nz](http://www.cads.org.nz)



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**CADS Medical Detoxification Services** are for people with a physical dependence on alcohol or other drugs (e.g. opiates, benzodiazepines, methamphetamine)

Physical dependence is when people:

- Need to increase how much they take to get the same effect
- Experience physical and psychological withdrawal symptoms when they stop drinking or using drugs

CADS have two detox services to support people to withdraw or reduce their use or stabilise on medications:

- The Community and Home Detox Service (CHDS) team can support you at home or in the community
- The in-patient unit is for people needing 24 hour medical supervision

If you would like to know whether a detox might be an appropriate option for you or someone you care about visit a CADS walk-in clinic  
Mon-Fri 10am – 1pm

- CADS South – Manukau
- CADS Central – Kingsland
- CADS North – Takapuna
- CADS West - Henderson

Or phone us on 815 5830 ext 45028

This is a free service facilitated by professional alcohol and drug clinicians

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