

Medically
Managed
Withdrawal
Services



When
you're ready!

call 0800 845 1818

www.cads.org.nz

Te Whatu Ora
Health New Zealand

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CADS Medically Managed Withdrawal Services

are for people with a physical dependence on alcohol or other drugs (e.g. opiates, benzodiazepines, methamphetamine) who require medical support to withdraw (detox) or to reduce their use or to stabilise on medications.

Physical dependence is when people:

- Need to increase how much they take to get the same effect
- Experience physical and psychological withdrawal symptoms when they stop drinking or using drugs

CADS provide medically managed withdrawal support through two services:

- The Community and Home Detox Service (CHDS) team can support you at home or in the community
- The in-patient unit is for people needing 24 hour medical supervision

If you would like to know whether our services might be appropriate for you or someone you care about phone us on

0800 845 1818

or visit a CADS walk-in clinic Mon-Fri
10am – 1pm

CADS South – Manukau
CADS Central – Kingsland
CADS North – Takapuna
CADS West - Henderson

This is a free service facilitated by professional alcohol and drug clinicians

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