



When you're ready!
call 845 1818
www.cads.org.nz



Altered High Youth Service

Altered High works with young people aged 13 - 19 and their family/whānau who have concerns about their alcohol and/or drug use.

We are a mobile community service covering the whole of the Auckland region including rural areas. We travel to see young people where it is convenient for them e.g. at school, doctors', community spaces or at work.

Our team has people who specialise in mental health and in same-sex attraction.

We provide information and advice and liaise with other agencies who work with young people at risk from alcohol and/ or drug related harm.

To contact Altered High please call us at 09-845-1893

Text on 027-462-4580

Email at alteredhigh@xtra.co.nz

This is a free service.