

Kei te tiaki mātou i a wai? Who do we serve?

- People whose use of alcohol and/or other drugs has caused them issues in their life.
- Māori, or non-Māori with strong Māori connections e.g. via marriage or adoption.
- Living in the Greater Auckland area (between Mercer and Te Hana).
- Aged 13 upwards.



This is Ki Te Tonga, our South Auckland based team

Ngā kāinga noho? Where are we based?

Ki Te Tonga: 263 2023 (South)

17 Lambie Drive, Manukau

Walk in clinic Mon – Fri, 10am – 1pm

Ki Te Rāwhiti: 845 1820 (Central)

Ranchhod House, 409 New North Road,
Kingsland

Walk in clinic Mon – Fri, 10am – 1pm

Ki Te Raki: 822 8557 (North)

Waimarire, 44 Taharoto Rd, North Shore

Ki Te Uru: 822 8557 (West)

Waimarino, 33-37 Paramount Drive,
Henderson

Email: teatea@waitematadhb.govt.nz

**“best care
for everyone**

This is our promise to the Waitemata community and the standard for how we work together.

Regardless of whether we work directly with patients/clients, or support the work of the organisation in other ways, each of us makes an essential contribution to ensuring Waitemata DHB delivers the best care for every single patient/client using our services.

**“everyone
matters**

Every single person matters, whether a patient/client, family member or staff member.

“connected

We need to be connected with our community. We need to be connected within our organisation – across disciplines and teams. This is to ensure care is seamless and integrated to achieve the best possible health outcomes for our patients/clients and their families.

**“with
compassion**

We see our work in health as a vocation and more than a job. We are aware of the suffering of those entrusted to our care. We are driven by a desire to relieve that suffering. This philosophy drives our caring approach and means we will strive to do everything we can to relieve suffering and promote wellness.

**“better, best,
brilliant...**

We seek continuous improvement in everything we do. We will become the national leader in health care delivery.



**Whitiki
Maurea**

Māori Mental Health and Addictions

Te Ātea Marino

How we can support your recovery

Kia whai i tō ake oranga

*Providing culturally focused
addiction recovery services*



Waitemata
District Health Board
Best Care for Everyone

Te Ātea Marino

Are you concerned about your use of alcohol or other drugs? Are other people worried about your use? Then we are here to assist.

In a confidential face to face kōrero we will guide you to explore any addiction issues and support you to plan your journey to recovery.

If you then choose to work with us, we offer high quality brief interventions, usually in a group programme.



We specialise in effective group programmes

We can also support you with individual or whānau sessions, and inform you about other services that can assist you.

Your whānau are welcome to attend at all stages. We have a whānau advisor who would be happy to work with them.



We can offer additional 1:1 sessions

We have some programmes in the evening for those who are busy during the day.

We offer our services at our various bases throughout Auckland, but also at marae, schools, probation and prisons.



We run programmes at Ruapotaka Marae

So if you want to meet with us, or just want more information, then give us a ring today.

Or you can attend one of our walk in clinics – no appointment necessary.

Our contact details are on the back page.

Ko te Kaupapa

Te Ātea Marino is committed to the kaupapa of healing for Māori by weaving together Māori healing practices and Western clinical practices.



A double hulled waka represents our cultural / clinical approach to healing

All of our interactions with you and your whānau are based on Māori cultural values.

We use te reo, karakia, pōwhiri, mihimihi, whakawhanaunga and pūrākau as part of our processes, all at a level you are comfortable with.

You and your whānau can also access our kaumātua and taurawhiri (cultural advisors).