

## Kei te tiaki mātou i a wai?

### Who do we serve?

- People whose use of alcohol and/or other drugs has caused issues in their lives.
- Māori, or non-Māori with strong Māori connections e.g. via marriage or adoption/whangai.
- Living in Tāmaki Makaurau – the greater Auckland area (between Mercer and Te Hana).
- Aged 13 and upwards.



## Ngā kāinga noho?

### Where are we based?

**Ki Te Tonga: 263 2023 (South)**  
7 Ronwood Avenue, Manukau

**Ki Te Rāwhiti: 845 1820 (Central)**  
Ranchhod House, L1/ 409 New North Road,  
Kingsland

**Ki Te Raki: 845 1820 (North)**  
Waimarire, 44 Taharoto Rd, North Shore

**Ki Te Uru: 845 1820 (West)**  
Waimarino, 33-37 Paramount Drive, Henderson

For an appointment, please free call  
(0800) 845 1818 and ask for Te Atea Marino's duty  
counsellor and you will be put through.

Alternatively, you can reach us by:

- phoning 845 1820
- emailing [teatea@waitematadhb.govt.nz](mailto:teatea@waitematadhb.govt.nz)

**Te Whatu Ora**  
Health New Zealand

Classification number: 052210-23-006 (review date: July 2022)

**Te Whatu Ora**  
Health New Zealand

## Te Ātea Marino

### How can we support your recovery ?

## Kia whai i tō ake oranga

Providing culturally focused  
addiction recovery services



**Whītiki Maurea**  
Māori Mental Health and Addictions



## Te Ātea Marino

Are you concerned about your use of alcohol or other drugs? Are other people worried about your use? Then we are here to assist.

In a confidential face-to-face kōrero, we will guide you to explore any addiction issues and support you to plan your journey to recovery.

We offer high-quality brief interventions tailored to address and support your particular recovery goals.

We can support you with individual counselling, group work and/or whānau sessions. We can also inform you about other services that can further assist your recovery.

Your whānau is welcome to attend at all stages of your engagement with our service.

***We specialise in effective group programmes face-to-face or via Zoom.***



We can offer counselling sessions face-to-face or via zoom. There is also an option for a booked initial phone assessment and phone follow-up sessions as needed.

Our group programmes run weekly during the day and in the evenings for those who can't make the earlier sessions.

We may also be able to negotiate to meet with you in a community setting of your choice, as the need arises and as our capacity allows.

So, if you want to meet with us, or just want more information, give us a ring today.

Our contact details are on the back page.



## Ko te Kaupapa

Te Ātea Marino is a small, stand-alone regional service, committed to the kaupapa of “reducing the burden of addiction and related harm on the Māori people of Tāmaki Makaurau.”

We do this by weaving together Tikanga Māori (Māori cultural values) and western clinical practices.

All of our interactions with you and your whānau honour these values.

Te reo, karakia, pōwhiri, mihimihi, Whakawhanaungatanga and pūrākau form part of our engagement but are utilised at a level you and your whānau are comfortable with.

You and your whānau can also access our kaumātua and taurawhiri (cultural advisors).

***A double-hulled waka represents our cultural/ clinical approach to healing.***

