



CADS & the COVID-19 Protection Framework (Traffic lights)

Information for clients at Orange

Welcome to the **Orange** traffic light under the COVID-19 Protection Framework.

All our sites are open with COVID measures in place which aim to keep you, your whanau and our staff safe.

Screening

If you have a booked appointment at CADS or are arranging for your clinician to visit you will get a call the day before. We will ask you some COVID-related questions. We need to do this even if you have been double vaccinated and boosted.

When you come to a CADS site you will see that we are all wearing masks and maybe eye protection. All clients will be asked to wear a mask which we can provide.

If it turns out that you may have been exposed to COVID-19 we will work out with you the safest way we can continue to support you.

Coming into a CADS site

Anyone coming to a Waitemata DHB service is required to maintain 1m distancing while we are in **Orange**. This means we need to safely manage the number of people on-site at any one time; for example, we may ask you to move to a different space if it is difficult to maintain distance from people in our reception areas. Similarly we ask that people using the kitchen areas and toilets maintain your distance so there isn't a collection of people waiting in either space.

Let staff know if you are uncomfortable with coming on-site. Staff will continue with appointments over video-conferencing or the telephone to people who need it

If you are bringing a support person to a booked appointment please let us know so we can arrange the room accordingly. We will need to ask your support person/s some COVID-related questions too

Along with social distancing, vaccinations, masks etc. we still need to apply common sense and follow some simple guidelines:

- Stay home if you are sick or feeling unwell
- Please keep your mask on at all times unless instructed otherwise. We can provide you with one if needed
- Maintain a 1m distance from other people as much as you can
- Cough and sneeze into the crook of your arm or cover mouth with a tissue then throw in bin
- Wash hands thoroughly with warm soapy water (for at least 20 seconds) after use of toilet and dry them thoroughly
- Hand sanitiser is available in all CADS sites
- You do not need to show your vaccine pass to enter any CADS site or any health service



[For more info](#)

Groups

Social distancing requirements mean we are unable to immediately return to on-site groups. We are running some face to face groups while also continuing with a lot of our groups on Zoom so please check with your local CADS unit or group facilitators to find out what is happening. We know accessing a group via Zoom has its challenges! Please let us know if this is an issue for you so we can do our best to help.

The in-patient unit

The in-patient unit is open for admissions. All clients are screened prior to admission and when you arrive you will be asked to have a RAT/Rapid Antigen Test for COVID-19.

Visiting of family or significant others remains paused.

The post detox group is happening online twice a week. For info on how to join please call us on 09 815 5839

The Community and Home Detox team is providing assessments virtually or by phone wherever possible. You can access information about Maintenance/Controlled Drinking from the team or at <http://www.cads.org.nz/more-info/brochures/fact-sheets/>

Anyone experiencing severe withdrawals is advised to contact IPU on 09 815 5839 for advice or your local CADS unit.

Auckland Opioid Treatment Service (AOTS)

Clients can go directly upstairs to the AOTS reception or pharmacy – no more dispensing from downstairs at Pitman House. If you have a booked appointment you will be asked some COVID-related questions before the appointment.

Vaccination and booster

Of course we are still encouraging all of our clients to get vaccinated and boosted because the research is very clear that this provides the greatest protection against COVID-19 - and we know that people who use alcohol and other drugs are at greater risk of contracting COVID-19. So we strongly recommend that you get vaccinated.

If you have questions or just want to talk with somebody about the vaccine our staff can help you.

We are staying current with the latest advice from the Government and health authorities and will continue to respond accordingly as our traffic lights change.

To find out what is happening in CADS keep an eye on our website www.cads.org.nz