



# PACIFIC SERVICES

# CADS

COMMUNITY  
ALCOHOL & DRUG  
SERVICES

Te Wai Awhina  
Rongoatia O Tamaki

When you're ready!  
call 845 1818  
[www.cads.org.nz](http://www.cads.org.nz)  
email us now!



**Waitemata**  
District Health Board

*Te Wai Awhina*

# tupu

Fakalofa lahi atu, Talofa lava, Kia Orana, Malo e lelei, Ni sa Bula Vinaka, Welcome

Tupu is a team of Pacific Island Workers who support Pacific people and their aiga/fanau/magafaoa who have questions about or problems with:

- alcohol
- other drugs
- gambling.

At Tupu we offer a range of support, counselling and consultation options in a culturally appropriate way.

(A service group of Pacific Mental Health and Alcohol and Other Drugs Services PMHADS).



You can contact us on  
845 1818