

## Our contact details

Pitman House  
50 Carrington Road  
Pt Chevalier  
Auckland

Phone: (09) 486 8920  
Ext: 5123, 5118, 5119,  
5502 or 5042  
Fax: (09) 815 5851

Monday to Friday  
8.30am - 5.00pm

For further information  
on other CADS services  
contact (09) 845 1818

**Counselling Service**

**Maori Counselling Service**

Te Atea Marino

**Pacific Counselling Service**

Tupu

**Methadone Service**

**Medical Detoxification Service**

**Youth Service**

Altered High

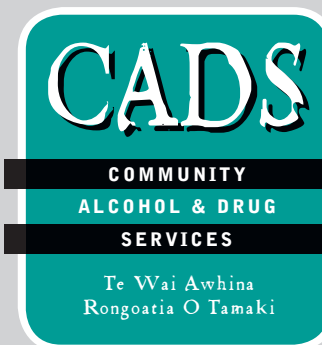
**Gay & Lesbian Counselling Service**

**Pregnancy & Parental Service**

**Dual Diagnosis Service**

## PREGNANCY & PARENTAL SERVICE

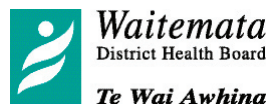
Support and information  
for pregnant women and parents of  
children under the age of 3 years.



call 845 1818  
[www.cads.org.nz](http://www.cads.org.nz)

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Call 845 1818



## Our Aim:

- \* To improve the life outcomes for unborn babies and children under the age of three by working with pregnant women and parents with issues around alcohol and drugs.

## We Can:

- \* Explain the effects of alcohol and other drug use during pregnancy.
- \* Give information on alcohol and drug use in relation to parenting.
- \* Help you access antenatal care and parenting support.
- \* Help you get in touch with community and health services.
- \* Work on your behalf to reduce judgment and stigma you might experience from other services.
- \* Co-ordinate services to work together so your needs are best met.

Call **845 1818**

## How to access our service

By contacting us directly on  
**845 1818** and asking for  
the **Pregnancy and Parental  
Service.**

Or by referral from **CADS**  
or a health or social service  
professional.



[www.cads.org.nz](http://www.cads.org.nz)

## We are:

- \* Supportive
- \* Non Judgmental
- \* Free
- \* Professional

*"It took a while for me to trust that there was a service that was really there for me and the kids after years of being fobbed off."*

We understand how difficult, it may be for you to ask for help if you are pregnant or a parent using drugs or alcohol.

Even if you are not ready to deal with alcohol and other drug issues, we are ready to support you.

*"I have been trying to get help for ages - once with PPS, everything started to fall into place."*

Call **845 1818**