

## 65 plus

CADS 65+ is a free service to anyone living in West or Central Auckland aged 65 years plus who is concerned about their own or someone else's use of alcohol and other drugs, including prescribed medications.

Our experienced alcohol and other drug clinicians offer a wide range of support and counselling.

### How to contact us

Feel free to phone us on 845 1818 to talk about what we can do for you. Or you can be referred by a health professional.

Visit us at  
CADS West Unit,  
First floor, 1 Trading Place,  
Henderson.

Mon-Fri between 9am – 4.30pm  
No appointment necessary between  
10am and 1pm.

If you can't visit, contact us and  
we may be able to visit you.



65  
PLUS



When you're ready!

call 845 1818

[www.cads.org.nz](http://www.cads.org.nz)

